

BULLETIN IMAF-EUROPE 2020 1



LETTER FROM OUR PRESIDENT, Ir. GEOFF BENOY m.o.s.



Dear Members of IMAF Europe!

Hopefully, everything goes alright with you and your family members en you be all save and sound!

On one side we are all keen to start up again our federation's sport activities, on the other side we must conform the legal decisions that momentary change on a day-to-day base, well known to you.

To stay corona-proof we had and have to cancel many, not to say most, of our activities; not only National and International Seminars and Championships, but meetings such as our European Daily Board Meetings (that run online at the moment with very few problems) and our Annual Congress.

As soon as this changes in a positive way and we are allowed to travel again from one country to another (without

the quarantine issues) we can restart; but it looks like this pan-endemic can take some serious time.

At the very well moment most clubs did start their activities again but on a legally organized base and it looks that we have to keep training our Budoka in a different way for a long period from now on. And that might change our way of teaching and training too to another level.

You all know very well how high the risks are for the people participation to the trainings, specially the teachers, many of them higher Dan holders of a certain age and being in the "risk group"; we wouldn't like to lose them do we?

Now the pandemic looks like having its second wave, we can only guess where to this is going to lead and to end.

We can only advise to punctually respect the rules for your activities and take more than enough precautions to ensure the safety of your members and yourself!

So far most of the National and International activities shall be postponed to later date.

Respect the disinfection and the mouth masks rules, do avoid in all cases to spread around this COVID-19!

"Where you can trust on, there'll always be uncertainty"
(Ashleigh Brilliant, English cartoonist)

"Put all your troubles in your old kit bag and smile, smile, smile" (WWII soldiers' song)

We hope and are sure you all stand with us to fight against this virus and first before all:

Be safe and sound!
See you soon!

DAILY BOARD OF IMAF-EUROPE 2020

As your DBE we are still looking for ways to meet. Despite all kinds of media to meet on the web, meetings are still the best. With a second outbreak, we have to wait for a time and place to meet.

Structure DBE 2020:

Geoff Benoy m.o.s.	President
Olaf Dreesmann	Vice-President, 2 nd Secretary
Cees van der Wal	General Secretary
Rolf Coolen	Treasurer
Victor Herrero	Commissioner
Jens Fricke	Honorary President, IMAF, Europe Representative

IMAF-POLAND 10TH ANNIVERSARY

Due to the Corona-crisis, we unfortunately were forced to cancel our Annual Congress 2020 in Poland and thus missing the 10th Anniversary of IMAF-Poland. On 3 October, the celebration took place during the IMAF-Poland Budoday 2020.



Our daily business continues!

The closure of the financial year 2019 has been approved.

Rolf Coolen has been re-elected for another 5 years as our Treasurer.

PLANS FOR 2021:

Annual Congress 2021:

possible Emden (20 Yrs. IMAF-Germany)

EOC 2021:

15-17 October 2021, Alba Iulia, Romania

Event with IMAF-Poland (10yrs IMAF-Poland)

BUDO DAY
MARTIAL ARTS DAY

OCTOBER 3RD, 2020
PERFORMANCES 4 PM - 5.15 PM
ADMISSION FREE FOR THE AUDIENCE
TRAINING FOR THE REGISTERED PARTICIPANTS 10.00 AM

INOWROCLAW (POLAND) HALA WIDOWISKOWA OSIR AL. NIEPODLEGŁOŚCI 4

Instructors:
Solek Zdzisław Sikora Ju Jitsu Kobudo, Hanshi Mirslaw Wisniewski, Shihan Eugeniusz Rzymyszkiewicz Karate Shotokan,
Renshi Piotr Kamrowski Judo, Sensei Katarzyna Milek-Wisniewska Haedong Kumdo, Sensei Daniel Gorczyca Karate
Kyokushin, Sensei Sebastian Stachon Kickboxing, Sensei Mariusz Karolewski Judo, Renshi Maciej Maciejewski Karate
Shotokan

Event Coordinator: Shihan Piotr Witkowski



IMAF-Germany: Osaka Toyama-Ryu Batto-Do Renmei, 26 September 2020

IMAF-Spain, Toyama-Ryu with Victor Herrero



Training Okinawa Shorin Ryu Karate at Kenzen Dojo.

In today's time with all its limitations, Kata practice is perfect for keeping up training and distancing.



AKA I BARA 40 years, founder Geoff Benoy

Hoboken, 18/10/20

Dear All,

This month of October 2020, our club Aka- I- Bara "The Red Rose" is 40 years young and therefore worth some history of how a hobby became a lifetime task! I can proudly state our club is one of the oldest still in existence of Belgium.

We did start in October 1980, as a branch of the then famous Brabo Karate Centre which I joined in December 1968 after my countries duty as a soldier. I trained there under the supervision of the former Master Eddy Coppieters, very well known in the Japan Karate Association karate world. Under his eyes and fists I became an International Champion and Captain of the Belgian National Karate league. Individual results: two times Belgian Champion kumite in 1971 and 1973 (there were no weight classes then), two times Belgian Champion kata also in 1971 and 1973, bronze medal at the European Championships in 1973 Milano and twice quarter finalist at the World Championships in Japan, 1973 Budokan Tokyo and 1973 Fukuoka. Also many results as finalist as member of the Belgian National Team kumite and kata (London 1976 team kumite 2nd place).

In October 1980 I decided to slowly go my own way, putting all my efforts into the then new Aka- I- Bara - Karate Club Hoboken. Under my supervision the club became famous and knew a descent growth. Still with JKA, I very soon had two Belgian Champions kumite in my club, Marc Wuytack (1984) and later Patrick Steppe (1985). Then due to the passing of Satoshi Miyazaki Sensei, things started to go wrong with the Belgian JKA Federation, and we decided to transfer to the IMAFE- International Martial Arts Federation of Europe. And there we had another Belgian Champion kumite, Amhaoul Mohammed (1998). Mohammed was a 2nd Dan Taekwondo who started from zero again with us in Shotokan Karate. He was very well under our supervision and this brought his results. Soon he joined our ranks of teachers together with the former Jos Nauwelaerts (who started with us in 1980 as a brown belt) and Marcel Persy.

The advantage of IMAFE is that it is multi-disciplines and we had had added Kobudo, Iaido and close combat to our program. At that very moment, and old member of our club, Patrick Vranckx joined our ranks again. Patrick, before, started in our club when still a youngster and he travelled with us when our club went to the Summer Courses in Hungary. He then did marry and went his own way for a few years.

Soon things changed fast, Marcel moved to live in Spain, Jos had a stroke- became paralyzed and choose for euthanasia and only Mohammed and I were left. Due to my job we had to look for an alternative, Patrick came back as our saviour and slowly took over. He started kid and junior karate which knew steady growth to a small 100 members then. Due to me teaching in Russia as well, I came in contact with Nikolay Vasilyev from Tomsk/ Siberia and we started with combat jujutsu as well in our club. This was more or less Patrick's way of training, so he started combat, kick box and MMA in our club. The amount of finalist cups he won with our teams are mainstay!

And then a few years ago, Patrick himself became IMAFE's European Champion Veteran's Kumite (2017) in the Netherlands.

Last but not least we added SMART (senior martial arts) and G+ karate for people who are restricted or handicapped.

The club goes, due to the COVID19 epidemic, slowly forward now, but we are certain that soon this shall be over, and we can 100% fully restart our activities.

ir Geoff M. Benoy m.o.s.
President IMAFE; Vice President Aka- I- Bara



1° Yoko Tobi Geri



4° European Tournament Milano
1973



3° Mae Geri Tokyo 1973 Iida Sensei

4° Paris 1972 Nakayame & Miyazaki Sensei



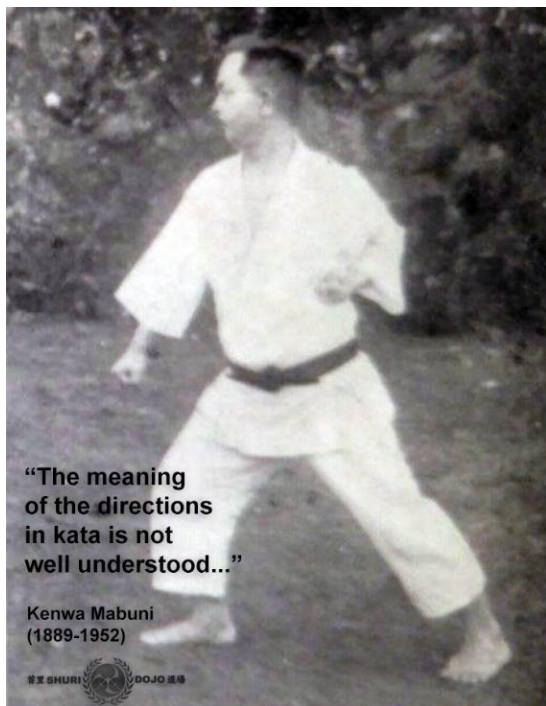
5° Before corona, juniors training



6° With corona, juniors training

BUDO SCIENCE

Shuri Karate Dojo, 20 August 2020.



“The meaning of the directions in kata is not well understood, and frequently mistakes are made in the interpretation of kata movements. In extreme cases, it is sometimes heard that “this kata moves in 8 directions, so it is designed for fighting 8 opponents” or some such nonsense.”

Kenwa Mabuni (1889-1952) founder of Shito-Ryu

Kenwa Mabuni was an absolute master of kata and many of the masters of the time would seek out his knowledge and instruction. He was known as “Mabuni the technician”, as he was held in such high regard by his peers. After all the years that have passed since Kenwa Mabuni stated the above quote, there are some who still see kata this way.

Do not fall into the trap of thinking you are being attacked from multiple directions, with multiple attackers, with each attacker waiting for the next. In kata, the attacker is facing you from the front and the kata teach us to move to a more advantageous position. Creating an angle helps us to gain this advantage.

Research and look deeper into the kata and truly try to understand the depth that is available to us.



While we all have the feeling we somehow missed the Summer, it is Autumn. Time to say farewell to the old and prepare for the new.

A second outbreak is a fact. Many countries are forced to take more measurements, making meeting more difficult and even cut or slow down our activities’.

But we shall meet again, somehow, someday!

Let us hope the new will bring us new opportunities,

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COMMUNICATIONS:

Please use the general secretary's email address: generalsecretary@imaf-europe.com for ALL communication and correspondence. No communications via Facebook! All communications must be in English!

Let us keep working together for our visions and common goals !

